



---

October 12, 2022

## **NEWS RELEASE**

**Contact:** Janet Moreland, Recycling Specialist

Riverside County Department of Waste Resources

(951) 486-3200

### **County waste department to provide free virtual food waste/food rescue class Saturday**

---

Did you know the average family of four spends between \$1500-\$2000 every year on food they never eat? If you'd like to save money and help the environment by wasting less food, then our food waste/food rescue virtual class is for you!

At 9 a.m. on Saturday, October 15, the Riverside County Department of Waste Resources will host a free virtual food waste/food rescue class that can be accessed on any computer, tablet, or smartphone. This hour-long virtual class is a great way to learn methods to get the most out of the food you purchase and create lasting habits that will keep food on your plate and out of the trash can.

The food waste/food rescue class covers the food cycle from start to finish – offering tips for purchasing at the grocery store, resources to manage food once you get home, and even recipes for using items that are near their expiration date. The virtual class is free and will end by 10 a.m. Attendees do not have to register for the class. Just go to the class link: <http://www.rcwaste.org/classes> select the Food Rescue class tab and click on the Webex hyperlink for the live class on Saturday.

These programs are offered to teach residents about the importance of food waste prevention and how it preserves valuable space in county landfills. The Riverside County Department of Waste Resources offers a variety of FREE environmental education classes related to waste reduction and sustainability. Class instructors provide attendees with professional learning and instructional

materials that demonstrate environmental diversion themes such as composting, recycling, and green cleaning.

For more information, call (951) 486-3200, visit [www.rcwaste.org/classes](http://www.rcwaste.org/classes) or email [WasteCommunityOutreach@rivco.org](mailto:WasteCommunityOutreach@rivco.org)

###